

Knox News

For God has not given us a spirit of fear
but of power, and of love and of a
sound mind 2 Tim 1:7

Facebook page: Knox Presbyterian Church (Lower Hutt)

Website: www.knox.org.nz

Lockdown Newsletter 29 March

Dear Knox Family,

These are challenging and uncertain times, but we can be encouraged that we know the unchanging character and love of our God and can trust in Him.

God is our refuge and strength, an ever-present help in trouble. Ps 46:1

We also know that the church, as the body of Christ, is not defined by a building or even a physical gathering. Instead, Jesus told us:

By this, all men will know that you are my disciples if you love one another. John 13:35

The challenge for us, in the context of social isolation, is to continue to demonstrate this love for one another, and all people, over the time ahead. We have this very much in mind as we seek to plan our way forward over the coming weeks. The following gives you a sense of what we are currently intending:

Children's, Seismic and Youth Ministry

The leaders of our Children's, Seismic and Youth ministries are planning communications for our young people who attend each of those ministries. Further information on this will be provided directly to the young people and their parents. Seismic and Acts 29 active links are on page 3 of this newsletter. Click on them and they'll take you to the right place.

YOUTH MINISTRY PROGRAMMES

SEISMIC

SUNDAYS: Zoom call Hangout at 11:30am

FRIDAYS: Facebook livestream Teach at 11.30am

ACTS 29

WEEKDAYS: Live updates and devotions

SUNDAYS: Insta livestream teaches & Zoom Small Groups at 5pm

MONDAY: Zoom call homegroup with Hannah at 3pm

THURSDAY: Zoom call homegroup with Caleb at 7pm

Sunday's Podcast:

Time: 10am

Preacher: Rev Marcell Mey

Topic: Connected to Christ
and one another

Text: John 15:1-8

[Podcast Link](#)

Minister: Rev Marcell Mey
marcell@knoxstc.org.nz

KCML Intern: Sian Scannell
sian@knox.org.nz

Youth Interns:

Caleb Dominikovich
caleb@knox.org.nz

Hannah Cody
hannah@knox.org.nz

Session Clerk: Rob McIntosh
sessionclerk@knoxstc.org.nz

Prayer Line:
569-PRAY (569-7729)

Office Hours This Week:

Working remotely—Mon,
Wed and Thurs 9am-
4:30pm. If ringing outside
these hours leave a mes-
sage and we will be in
touch as soon as possible

Office Staff:

Paul Schuchmann

Phone: 022 329 9575

Email: office@knox.org.nz

Keeping in contact with you

During this time, it is particularly important that as a church we endeavour to remain in touch as much as possible with everyone who is part of the Knox family. If you are receiving this email, then the church office has your email address. But the office doesn't always have the email address for everyone, and not everyone uses email. If you hear of someone who hasn't received this email, please pass its contents on to them, and if they have an email address, encourage them to provide it to the church office.

Some people don't use email. In which case, another way of staying in touch is to call the prayer line. During this time, we will also use this line to provide updates on developments in the life of the congregation. Please note that this won't be every day but when there is an update to provide.

Pastoral care

Please be on the lookout for those you know who might be more vulnerable or needing help at this time. In particular, we would encourage you to give those you know who are living on their own a regular call. Let us be defined by our sacrificial love for others within our community over this period. In addition, Knox elders each have a list of people from within the congregation. They will be contacting them at least once a fortnight.

If you need some help with grocery shopping or picking up medicine, or you know of someone else who does, feel free to contact your elder or the church office on 022 329 9575. We have some people who are willing and able to help.

Prayer

Please commit to pray during this time. Amongst other things, please pray for healing for those who are not well, for strength and protection for those working in the health sector and other essential services and for the wellbeing of your neighbourhood.

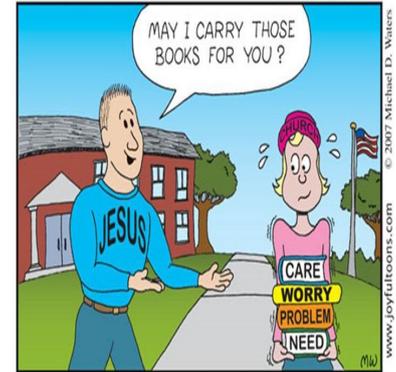
The prayer line (5697729) is where you can leave a recorded prayer request to be passed on to those who have committed to pray for those requests. We encourage you to use it to leave specific requests for which you would like to have prayer.

Small Groups

Small Groups are an essential means of extending care to one another. While small groups will not be able to meet over the coming weeks, they can still stay in touch. There are several ways to do this:

- By collecting and circulating prayer needs so that members can continue to pray for one another
- By sharing a daily devotion possibly through one of the Bible apps available (e.g. the You Version Bible app)
- By continuing to meet together using apps like Zoom or Skype.

CARRY YOUR BOOKS? A Joyful 'toon by Mike Waters



Casting all your care upon him; for he careth for you.
-1 PETER 5:7 KJV

Small groups—keeping in touch:

Small groups can still keep in touch—try using ZOOM (video communications) - Ctrl click [here](#) for instructions on how to use this software to set up an online video meeting with others in your small group. Its free for meetings up to 40 minutes.

© 2009 by Randy Glasbergen.
www.glasbergen.com



"Wireless communication is nothing new.
I've been praying for 75 years!"

Please contact the office if you would like to find out about these technologies, Paul will be able to put you in touch with others who are currently using it. The invitation still stands to invite Marcell to attend your group when he is available. Please feel free to contact him via telephone or email.

Sunday services

As was the case last week, we will make available a podcast of a shortened service each Sunday. This will include worship and a message from Marcell. You will be able to access this by clicking on the blue “Podcast link” box in the right hand column of this newsletter. This podcast will become available at 10 am each Sunday. We would encourage you to listen to the podcast at this time so that as a fellowship, we can draw together in spirit, if not in person. If it is not possible for you to do this, you will still be able to listen to the podcast at a later time.

The text for this week is *John 15:1-8* and the theme is: *Connected to God and one another.*

We realise that for you to access both the service and the times of sharing, you will need to use the internet and that this is not possible for some people. We are continuing to explore ways that we might be able to make access to services possible to people who do not have the internet.

You are also reminded to stock up on **bread and Communion wine**, as we will have a virtual Communion over the Easter weekend service.

We will continue to provide further updates through email, on the prayer line and social media through Facebook and Instagram. If you have any questions or concerns, please ring the church office on 022 329 9575.

God bless,
Session

CHURCH

f Knox Presbyterian Church (Lower Hutt)

@ @knoxlowerhutt

YOUTH MINISTRY

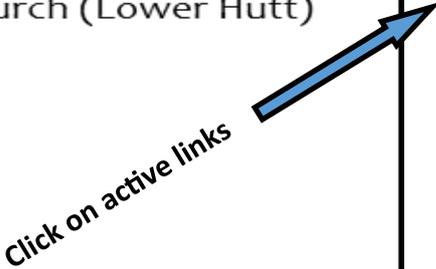
f Seismic

f Acts29

@ @youth_of_acts29

YOUNG ADULTS MINISTRY

f Young Adults of Knox



Here are a few links that you may like:

(click to select)

[My Christianity Daily](#)—for today’s news

[PresbyteryCentral Roundup](#)—includes links to Presbyterian services including Knox.

[Shine TV schedule](#)—for week from 29 March

[Radio Rhema](#)—Listen online, schedules etc

[Sermons4kids](#)—includes activities and puzzles at bottom of page

Links to Knox sites:

(click to select)

[Podcast Link](#)

[Knox Facebook Page](#)

[Knox Website](#)

[Knox Instagram](#)

[Seismic Facebook Page](#)

[Acts 29 Facebook Page](#)

[Acts 29 Instagram](#)

[Young Adults Facebook Page](#)

Never before have so many been able to achieve so much, by doing so little!

*Stay home
Pray
Be kind to one another
and yourself.*