

Knox News

Facebook page: Knox Presbyterian Church (Lower Hutt)

Website: www.knox.org.nz

Lockdown Newsletter 26 April

Dear Knox Family,

As the lockdown continues, a boom in home baking and bread making is going on in many kiwi homes. When the lockdown was first announced, people dashed to the supermarkets, and all the flour flew off the shelves. Next yeast became hard to come by. Headlines such as “Where has all the flour gone?” and articles on how to make your own yeast regularly pop up on Stuff news, along with recipes like Chelsea Winter’s Lockdown Loaf and Nadia Lim’s Easy-peasy Flatbread recipe, to name a few.

In these volatile, uncertain and anxious times, we too might decide to bake a loaf of bread to calm our nerves and nourish our bellies; we might also consider fresh ways to nourish our relationship with God in our new lockdown routines. Rather than eating the bread of anxious toil as the Psalmist says (Psalm 127:2), we want to eat the bread that truly satisfies.

So here is an invitation, take a passage (e.g. John 15) and feast on the story of Jesus, who declared himself to be the “bread of life” (John 6:35).

Using the BREAD acronym below might help us delve a little deeper into the passage, and like a good bread that takes time to proof, we will be changed and transformed.

Be still - find a space where you can pause and take a minute in stillness. Invite the Holy Spirit to guide your time.

Read - through the passage for the day, read through the passage again slowly. Look for one verse that stands out, grabs your attention or interests you. Write the verse down.

Encounter - taking your chosen verse to begin to meditate on it. What comes to mind? How does it make you feel? What do you think God is trying to reveal through this verse? Allow him to speak to your heart and mind. Write a short reflection on what you think He might be saying.

Apply - think about how you might be able to apply this to your day and write down the one thing you’re going to try and live out.

Devote - close by writing a simple prayer of devotion to God. Ask that God would fill you afresh and commit your day to him.

As we continue in this extended lockdown, we have all been impacted by COVID-19 to varying degrees. We want to be doing everything we can to best support one another, so if you need any pastoral support, physical help or prayer, please get in touch with your elder or let the church office know.

God bless,
Session

Sunday Podcast:

26 April, 10am

Text: Luke 24:13-35

Theme: Journeying with Jesus

Rev. Marcell Mey is speaking

[Podcast Link](#)

[Hymns](#)

Minister: Rev Marcell Mey
marcell@knoxstc.org.nz

KCML Intern: Sian Scannell
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Youth Interns:

Caleb Dominikovich

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Hannah Cody

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Session Clerk: Rob McIntosh
sessionclerk@knoxstc.org.nz

Prayer Line:

569-PRAY (569-7729)



YOUTH MINISTRY PROGRAMMES



SUNDAYS: Zoom hangout at 11:30am

ACTS 29

WEEKDAYS: Live updates and devotions

SUNDAYS: Zoom small groups at 5:00pm

MONDAY: Zoom call homegroup with Hannah at 3:00pm

THURSDAY: Zoom call homegroup with Caleb at 7:00pm

Acts 29 Daily Devotion

Find this on Acts 29 Instagram page and the Knox Instagram and Facebook stories

Midweek Devotional with Sian

Don't miss Sian's midweek devotional which is available from 7pm every Wednesday. Just click on the Podcast link.

[Podcast Link](#)

Zoom Prayer Meeting

Sunday at 5pm. Email tinaandstephenhudson@gmail.com for a zoom invite to join this prayer meeting.

Knox Office Hours :

Tues, Wed and Thurs 9am-4:30pm.

Contact: Paul Schuchmann

Phone: 022 329 9575

Knox Bank Account Number for Offerings

The office has received a number of requests for our bank account number since our normal services were cancelled. Our account details are: 02 0528 0033206 000

Please put your name or envelope number in the reference field

Thank you

Knox Kids Programme



Other Links for kids:

lostsheep.com.au/

loveoutloudoz.com/

[The Story Place](#)
[Sermons4kids](#)

Wee Worship: (2-5 yr olds)
contact Suz at
dscody1996@gmail.com

Prayer adapted from St Anselm:

Let us pray:

God of love, whose compassion never fails; we bring before you the griefs and perils of peoples and nations; the necessities of the homeless; the helplessness of the aged and weak; the sighings of prisoners; the pains of the sick and injured; the dedication of exhausted health workers; the sorrow of the bereaved. Comfort and relieve them, O merciful Father, according to their needs.

Eternal God, in whose perfect realm no sword is drawn but the sword of righteousness, and no strength known but the strength of love: so guide and inspire the work of those who seek your kingdom that all your people may find their security in that love that casts out fear, comfort in being known so completely by you, and in the fellowship revealed to us in Jesus Christ our saviour. Amen.



#StandAtDawn. Join people from NZ and Australia at 6am at your letterbox—see following link for ANZAC day information

<https://www.standatdawn.com/home>

Apart, but together as one

[Click here for New Zealand National Anthem—Gallipoli 2014](#)

Tax Receipts

Over the next two weeks tax receipts will be sent out for donations received from the Knox Church family over the last financial year. Your tax receipt will look different from previous years as they are now generated electronically from our database. This automatic generation of receipts enables us to maintain a good level of confidentiality.

This year tax receipts will **NOT** be available for pickup at church. In most cases your tax receipt will be sent to your email address. If you have not supplied us with an email address then they will be sent to the residential address that we have on file.

Once you receive your receipt please check that it is correct. Our database automatically generates a single receipt for all contributions made by a family. If you would like your receipt reissued separately to individuals within the family please contact the office. If you do not receive your tax receipt by 14 May or have any other questions please call the office on 022 329 9575.

Your gracious giving is **greatly** appreciated and enables the continued work of the congregation. Thank you so much for your ongoing faithful support.

Here are a few links that you may like:
(click to select)

[My Christianity Daily](#)—for today's news

[PresbyteryCentral Roundup](#)—Updates weekly and includes links to Presbyterian services including Knox.

[PCANZ Moderator's weekly devotional](#)— new devotional is published each Sunday morning at 9am

[Shine TV schedule](#)—for week from 26 April

[Radio Rhema](#)—Listen online, schedules etc

[BBC Radio 4 Daily Service](#)—Christian podcasts

[CBN News](#)—News from a Christian perspective

CHURCH



[Knox Presbyterian Church](#)



[Knox Instagram](#)

YOUTH MINISTRY



[Seismic Facebook Page](#)



[Acts 29 Facebook Page](#)



[Acts 29 Instagram](#)



YOUNG ADULTS MINISTRY

[Young Adults Facebook](#)

Knox Weekly Timetable During Lockdown

Day and time	Event	Format	Contact Details
Sunday	Wee Worship	Resources available	Contact Suz to request resources: dscody1996@gmail.com
Sunday, 10:30am	Church service	Knox website	Podcast Link
Sunday, 10:30 am	Kingdom Kids	Knox website	Kingdom Kids Link
Sunday, 11:30 am	Seismic Hangout	Zoom	See link on Seismic Facebook Page or email Caleb@knox.org.nz for a zoom invite
Sunday, 5:00 pm	Acts 29	Zoom	Email Caleb@knox.org.nz for a zoom invite
Sunday, 5:00 pm	Prayer Meeting	Zoom	Send your email address to tinaandstephenhudson@gmail.com for a zoom invite
Monday, 3:00 pm	Teenage girls homegroup	Zoom	Send your email address to hannah@knox.org.nz for a zoom invite
Tuesday, 7:00pm	Women's Homegroup	Zoom	Send your email address to dscody1996@gmail.com for a zoom invite
Tuesday, 7:30 pm	Session meeting	Zoom	For input, please feel free to contact sessionclerk@knoxstc.org.nz
Wednesday, 7:30pm	Men's group	Zoom	Send your email address to office@knox.org.nz for an invite to the zoom meeting
Wednesday, 7:30pm	Women's group	Zoom	Send your email address to rubee.yee32@gmail.com for an invite to the zoom meeting
Wednesday, 7:00pm	Midweek Devotional with Sian	Knox Website	Podcast Link
Thursday, 7:30pm	Adults mixed group	Zoom	Send your email address to Rob and Joy for an invite to zoom irjak.mcintosh@xtra.co.nz
Thursday, 7:00pm	Mixed Teenagers (Youth)	Zoom	Send your email address to Caleb@knox.org.nz for a zoom invite
Friday, 7:30pm	Young Adults	Zoom	Send your email address to fiona.hearn@gmail.com for a for an invite to zoom
Daily	Children's Reading Group	Facebook	Michelle Hollard The Story Place New episode updated daily at 1.30pm
Daily 11am	Acts 29	Instagram Facebook	Acts 29 Instagram Knox Presbyterian Church (Lower Hutt)